

# FAQ about our Board of Directors 2024-2025

## What is the maximum size of the Board of Directors?

The Board is comprised of 7 directors.

## How many Board positions are up for election this year?

There are two positions up for election in 2025.

## Are there any incumbent candidates running for these open seats?

Both incumbents are running for re-election.

## What is the timeline for the election?

The call for nominations runs from December 1 to 31. The election will follow. The results will be announced at the CVCU AGM in 2025.

## How many Board meetings happen each year?

There are a minimum of 10 board meetings per year.

## What is the average monthly time commitment for a Board director?

The average time commitment for a director each month is 8 to 12 hours.

## Are directors required to sit on Board Committees?

There are four board committees formed of between three and five members of the board. Directors are elected or appointment to committees each year following the AGM.

## Is this a paid board position? If so, what is the compensation?

Positions on the Board of Directors are paid positions. Each director earns a \$2,400 Honorarium and between \$150 and \$200 per meeting.

## What is the length of the term for a director?

Director terms run for 4 years.

## Are there term limits defining how long a director can serve?

There are currently no term limits.

## Who will be the Board Chair in 2025?

The Board Chair is elected by the Board each year, following the AGM. Glen Ewan is the current Board Chair.

## Are there other director commitments outside of Board and Committee meetings?

Directors must attend the CVCU Annual General Meeting and be committed to continuous learning, attending training events and online webinars. New directors must complete Level A of the Credit Union Director Achievement program within the first year of their term.

[Director Onboarding - Canadian Credit Union Association \(ccua.com\)](#)



**COLUMBIA VALLEY**  
CREDIT UNION

# Meet the 2024-2025 Board of Directors



## Connie Barlow

When Connie Barlow is not walking her dog, Lizzi, she is the Executive Director of the Golden Community Resources Society, and she has been a Board Director at Columbia Valley Credit Union for ten years. "Serving on the Credit Union Board is a chance to give back to the community, have fun and learn something new. We are a valuable community partner. Our team always puts our members' best interests first. And perhaps most importantly, the money that comes into the Credit Union stays right here in our community."

## Glen Ewan

Glen Ewan loves to spend time with his grandchildren as much as he loves serving on the CVCU Board of Directors. He is a past Chair of the Golden & District Community Foundation and serves as a Board member for the Insurance Council of BC. As a lawyer, he earned his QC designation in 1999. After over 40 years in law practice, he retired in 2017. Glen had time to give back. "I believe it is my duty and responsibility to use my background and expertise to better my community." As a Director, he brings a lifelong commitment to credit unions that began with the University Community Credit Union when he attended law school at UBC. "Credit unions focus on keeping local money local and investing in our community. CVCU is a critical player in ensuring Golden and area continue to thrive."

## Lyle Johnson

When Lyle Johnson is not serving as the Vice-Chair of the CVCU Board of Directors, runs his own eavestrough and gutter business and takes advantage of the Valley by either hiking, paragliding or fishing. With so much on his plate, why has he served CVCU for nearly 18 years? "I am a strong believer in the cooperative nature of credit unions, and that

cooperative spirit extends to our Board. We have many different minds and perspectives around the table. Everyone is community minded and it's our mission to give back as much as we can – to our members and to causes big and small – while still running a successful financial services business."

## Scott King

Scott King is a silviculture forester with Pacific Woodtech, where he helps to regenerate forests. When he is not spending time outdoors with his wife and two children, he gives his time and expertise to Columbia Valley Credit Union. Scott has served as a Board Director for 9 years. "I've always been impressed with the opportunities our Credit Union brings to our members and our community. Our employees and management team work hard and are so dedicated. It's easy to be a part of the Credit Union because it's community helping community."

## Monica Parkinson

Monica Parkinson and her family own Parky's Heating and Cooling in Golden, and she is a long time, active volunteer in our community. Monica served as the Chair of the Kicking Horse Culture Board of Directors, and currently serves on the Board of the Golden Community Resources Society and the Metis Nation Columbia River Society. "Our credit union is a supporter and builder of our community. As a Board, we are focused on advancing the credit union so it can continue to play an important role in our economy and community."

## Scott Weir

Scott Weir and his wife own Kicking Horse Janitorial. Scott is one of the founders of Golden Coop Radio, has a background in finance, helping to start the East and West

Kootenay Community Investment Co-ops. "The credit union is an important institution in Golden, and your Board of Directors is focused on building the credit union and ensuring it thrives so it can do even more for our economy and community than it currently is. I am an advocate of credit unions, cooperatives and organizations that put money and capacity into local hands."

## Nola Milum

Nola Milum knows a thing or two about giving. Not only does Nola serve on CVCU's Board of Directors, she is also the Board Chair for the Golden and District Community Foundation and is recently retired as manager of the government liquor store in Golden. When she has spare time, she loves playing with her grandchildren and spending time at Lake Windermere. "As a credit union, we have to strike a balance between giving back to the community and remaining profitable, like any business has to do in order to survive."

## Rob Parker

Rob Parker was appointed as Chief Executive Officer of CVCU in 2021, based on his proven track record of leadership at CVCU, his dedication to the credit union's members and community, and his ideas and plans for the future. Rob has held progressive roles within the credit union for the past 20 years, with responsibilities for IT, marketing, commercial lending, compliance and finance. "I am very excited about continuing my journey with Columbia Valley Credit Union as CEO. I believe in the credit union and the cooperative principles we are founded on, and I feel fortunate to have found my place here."